



**WHOOPING  
COUGH IS MORE  
INFECTIOUS  
THAN THE FLU\***

- Like Flu, whooping cough (also known as pertussis) can spread quickly
- Whooping cough is still common in Australia, with outbreaks occurring every 3-4 years<sup>1</sup>

\*influenza is also highly infectious and can cause serious illness in people of all ages.

**EVEN IF YOU'VE HAD WHOOPING COUGH OR WERE PREVIOUSLY PROTECTED AGAINST IT, YOU COULD STILL BE AT RISK.**

# MORE ABOUT WHOOPING COUGH...



Spread by coughing, sneezing or direct contact with fluid from the nose and can be passed on to others for up to 3 weeks after symptoms first show.



It begins with an irritating cough that may turn into bouts of uncontrollable violent coughing, which may lead to vomiting. Coughing can continue for up to 3 months and often affects sleep.



Older adults are more likely to develop serious complications of whooping cough than younger adults, including:

**Pneumonia • Fainting • Urinary incontinence**

Up to 1 in 10 diagnosed cases in older adults end up in hospital<sup>2</sup>

**Aged 65 or older?**

**SPEAK TO YOUR HEALTHCARE PROFESSIONAL  
ABOUT RECOMMENDED PREVENTATIVE OPTIONS**